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First up:

Oli Chignell Selected for World Cross Country Championships.

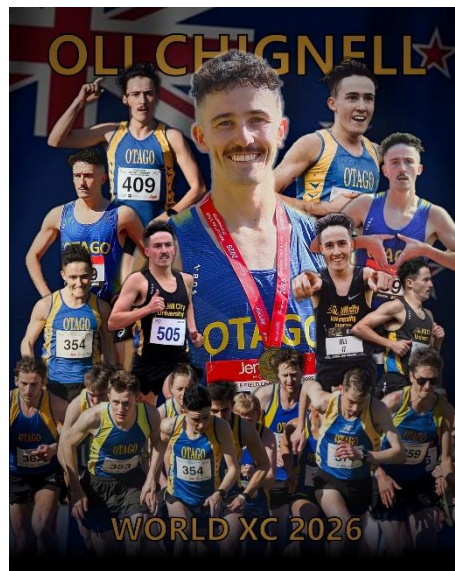
Congratulations to Oli Chignell, who has been named among the eight initially-selected Athletics New Zealand team for the 2026 World Athletics Cross Country Championships!

The event will take place in Tallahassee, Florida, USA, on 10 January 2026.

This naming follows a strong Cross Country Nationals performance (where Oli placed 3rd) as well as other recent strong races at Track and Field Nationals (1st- 5000m, 3rd 1500m) and at the Gold Coast Half Marathon (9th, 1:02:34).

Way to go, Oli! We're wishing you the best in your build-up and preparations for this event!

[See more. ODT Coverage.](#)



Emerson's Dunedin Marathon.

The Emerson's Dunedin Marathon events were held in [windy conditions](#) yesterday. Congratulations to our members and community who took part:

Meg McKay 1st Senior (U35) Marathon 3:03:07; Cristian Nita 38th Senior (U35) Marathon 3:34:19; Anita Dunbier 8th Masters (35-49) Marathon 3:43:35; Bogdan Nita 9th Masters (50+) Marathon 3:53:12; Madalina Nita 3rd Masters (50+) Marathon 4:07:02.





Useful HCU links:

[HCU Website](#)
[Register With Us](#)
[HCU Children's Athletics](#)
[Senior Uniforms](#)
[Clubroom Hire](#)
[HCU Facebook](#)
[Photos](#)
[HCU Children's Facebook](#)
[HCU Instagram](#)
[HCU Strava Club](#)

Useful websites:

[Athletics Otago](#)
[Athletics NZ](#)
[OSSSA](#)
[NZSSAA](#)
[Otago Masters Athletics](#)
[NZ Masters Athletics](#)
[Para-Athletics NZ](#)
[Paralympics NZ](#)
[Sport Otago](#)
[Sport NZ](#)
[HPSNZ](#)
[Sport Integrity Commission](#)

Ben Wardhaugh 10th Senior (U35) Half Marathon 1:16:29; Beno Shaw 15th Senior (U35) Half Marathon 1:19:22; Samuel Shaw 32nd Senior (U35) Half Marathon 1:23:22; Alyx Day 3rd Senior (U35) Half Marathon 1:23:53; Shelby Thomson 51st Senior (U35) Half Marathon 1:27:22; Mark Geddes 15th Masters (35-49) Half Marathon 1:27:39; Ben Bezett 56th Senior (U35) Half Marathon 1:28:47; Ruairidh Martynoga 86th Senior (U35) Half Marathon 1:33:30; Tessa Swinson 14th Senior (U35) Half Marathon 1:36:00; Millie Horan 29th Senior (U35) Half Marathon 1:39:38; Maddy Clarke 34th Senior (U35) Half Marathon 1:42:17; Merrilee Williams 51st Masters (35-49) Half Marathon 2:16:07; Cherie Mckinnon 9th Masters (50+) Half Marathon Recreational Walk 2:54:20



Jake Owen 1st Senior (U35) 10km 0:33:32; Becky Aitkenhead 1st Senior (U35) 10km 0:35:06; Thomas Weatherall 6th Senior (U35) 10km 0:36:03; Finn Molloy 6th Senior (U35) 10km 0:36:59; Alex Price 21st Senior (U35) 10km 43:39; Fergus Lloyd 23rd Senior (U35) 10km 0:44:19; Robert Lloyd 26th Senior (U35) 10km 0:46:39; Shireen Crumpton 1st Masters (50+) 10km 0:47:35; Vincent Walters 45th Senior (U35) 10km 0:50:17; Alena Cooney 28th Senior (U35) 10km; 0:51:16; Zoe Carman 37th Senior (U35) 10km 0:53:17; Harry Winterbourne 55th Senior (U35) 10km 0:54:41; Richard Warlow 20th Masters (50+) 10km Recreational Walk 1:44:37; Sally Warlow 111th Masters (50+) 10km Recreational Walk 1:57:04.

Caleb Dobier 1st Open 5km 0:17:21; George Solomon 3rd Open 5km 0:20:57; Georgina Benson 2nd Open 5km 0:21:24; Julia Hodgson 4th Open 5km 0:22:39; Zac Broom 4th U12 5km 0:23:18; Ellie Coburn 2nd U12 5km 0:26:16; Melissa Broom 7th Open 5km 0:26:21; Lottie Winterbourne 5th U12 5km 0:27:10; Aleksandra Cooney 13th Open 5km 0:28:01; Vicki Coburn 12th Open 5km 0:28:31; Alba Ritchie 8th U12 5km 0:29:20; Bodee Leckie 33rd





U12 5km 0:32:31; Nadia Manu 24th U12 5km 0:35:26; Rafa Mishra-Vakaoti 48th U12 5km 0:37:40; Hannah Harkin 28th U12 5km 0:38:27; Emma Solomon 29th U12 5km 0:38:48.

Please let us know who we've missed so we can add them to our [online results summary here](#). Congratulations, everyone!

[Full Results](#). [Event website](#). [ODT Results Summary](#). [ODT Event Summary](#) (Subscription required). [ODT Photo Highlights](#). [Photos](#).

Photo credit: [Photos4sale](#), Bogdan Nita, Peter McIntosh [via the ODT](#).

Hill City-University Athletic Club AGM- 27 September.

Notice is hereby given that the 45th Annual General Meeting of the Hill City-University Athletics Club Inc. will be held in the Hill City-University Clubrooms on Logan Park Drive, Dunedin, on Saturday, **27th September 2025 at 4:30 pm**.

We will begin with a shared potluck afternoon tea at 4:00 pm. All members are warmly invited.

This AGM (and the committee) serves the full club (Summer and Winter, Children's and Senior), so it's important to have good representation.



Nominations for office bearer positions (listed below) can be made from the floor at the AGM. The committee is seeking additional people to help out with club governance and administration. Our children's section is also seeking new committee helpers ([see here](#)).

Apologies can be emailed to hcyharriers@gmail.com prior to the meeting.

An agenda can be [viewed here](#). [Facebook Event Link](#).

2025-26 Track and Field Season Programme.

The 2025-26 Track and Field Season Programme is now available. You can [view it here](#) or via the [Athletics Otago Calendar here](#).

It contains the Senior and Children's Calendar of events and the Senior Weekly Event Grid.

Thanks to the Athletics Otago Track and Field Committee for putting this together!





HCU Children's Summer Registrations are Open.

REGISTRATIONS ARE OPEN! [Click here to register](#) your child for the Summer Season!

New and returning young athletes are welcome to come along to free interclub have a go days on 4 & 11 October at the Caledonian (registration not required).

Key dates for the 2025-2026 Season:

- **October 4th** - Opening/Ribbon Day at the Caledonian (No registration needed).
- **October 7th** - Registration & Singlet collection for Competitive Athletes 5.30-7pm at the Hill City club rooms, Logan Park Drive.
- **October 14th** - First Training night.



Check out our [Children's webpage here](#) for more info. Also, see the [Children's Summer Season Programme here](#).

Weekly activities:

Mondays at 6:00 am The [03 Run Club Dunedin](#) is aimed at bringing as many of the running community together for an easy run to start off Monday, and the week the right way. It is all-inclusive, and will be on every week at 6 am Monday, from the Esplanade, regardless of the weather!

Mondays at 4:00 pm from the clubrooms is a HCU kids Middle Distance and Cross-Country training group. This children's group trains all year round. For more info, see their [Facebook group here](#).

Mondays at 5:55 pm Monday Night student runs is a way to start off your week of training right. Join a cool group of students from the OUSA Clubs & Societies building to drop your bag in a secure place after your lecture. We'll run for up to 50 minutes with a chance for some fun strideouts at the end if you'd like. Make use of the FREE OUSA shower facilities afterwards and stick around for a yarn with like-minded student runners. All are welcome!

Tuesdays at 4:00 pm from John McGlashan sports field- a leisurely social run through the Ross Creek area.

Wednesdays at 7:30 am All students are welcome to join us at the statues by the [Union Bridge, North Dunedin](#) for a half hour social run before a busy day of studies. For more details and regular updates from the group, join the [Facebook page here](#).



Thursdays 3:30-4:15 pm- Dunedin Kids Middle Distance Squad. For all grade 10-12 athletes interested in middle-distance events! Sessions will be fun and inclusive, developing speed and endurance. Meet in the Caledonian Grandstands. Join the [Facebook group here](#).

Fridays at 6:30 am from the Fluid Espresso Cafe (138 Union Street East), [Femmi Run Club](#)- focused on getting more women into running. With 3-5km options, the group cruises at a comfortable pace for the majority.

Saturdays, either a club run/ walk or an interclub event/ race (see our [winter calendar](#), or below, for details).

Sundays at 8:00 am at the Clubrooms are the HCU Sunday Long Runs. Several packs for different speeds/ distances. All are welcome (and encouraged to attend). For more info, see our [Facebook group here](#).

Calendar:

[Full Winter Calendar](#).

September

18 September	Otago Masters Athletics AGM	Meeting Room- Caledonian Grounds	7:00 pm
Saturday 20 September	Club Run/ Walk	HCU Clubrooms	1:30 pm
Sunday 21 September	Otago Masters Athletics Have a Go Day	Caledonian Ground	3:00-5:00 pm
Saturday 27 September	Otago 5km and Age Group Road Champs	Shared Pathway, Watercooled Sports to Vauxhall	TBC



Saturday 27
September [HCU AGM](#)

HCU Clubrooms 4:00 pm-
afternoon tea,
4:30 pm- AGM

27-28
September [Brighton Backyard Ultra "Running in Paradise"](#)

Brighton,
Dunedin TBC

Results:

Harriers. [Dunedin Parkrun](#). [Leith Harbour Free](#). [Track and Field](#).

Harriers:	Track and Field:
3 Peaks Mountain Race 30/03/2025 Lovelock Relay HCU Trials 26/04/2025 Shoe Clinic Dunedin Lovelock Relays 3/05/2025 Leith Cross Country Relays: Ponydale Challenge, Race 1, Race 2, Race 3, Race 4 17/05/2025 TK Cowan Handicapped Cross Country 24/05/2025 Joe Cowie Memorial 7/06/2025 Barnes Cross Country: 1.25 km, 2.5km, 5km walk, 5km run 15/06/2025 Edmond Cup (cancelled) 28/06/2025 Caversham Club Cross Country 5/07/2025 Otago Cross Country Championships 13/07/2025 Winding Vine Relay 19/07/2025 Brighton to Green Island Handicap 26/07/2025 Big Easy Hill Climb Time Trial 16/08/2025 Port Road Race 30/09/2025 Shunters and Grunters Relay 6/09/2025 Emerson's Dunedin Marathon 14/09/2025	Dunedin Interclub 12/08/2024 Otago Spring 3000m Challenge 19/09/2024 Dunedin Interclub 19/08/2024 Masters Weight Pentathlon 19/08/2024 Dunedin Interclub Twilight 25/10/2024 Dunedin Interclub 2/11/2024 Southland-Otago Interclub 8/11/2024 South Island Combined Events Championships 16-17/11/2024 Dame Yvette Williams Meet (including the Ness Cup) 16-17/11/2024 Senior Interclub Meet 23/11/2024 Senior Interclub Meet 30/11/2024 NZSSAA Track, Field, and Road Race Championships 6-8/12/2024 Senior Interclub Meet 14/12/2024 South Island Colgate Games 17-19/01/2025 Senior Interclub Meet 25/01/2025 Senior Interclub Meet 1/02/2025 Senior Interclub Meet 8/02/2025 Otago and Southland Track and Field Championships 15-16/02/2025 Senior Interclub Meet 22/02/2025 Senior Interclub Meet 1/03/2025 Otago Masters Weight Pentathlon Championships 1/03/2025



[New Zealand Track and Field Championships 6-9/03/2025](#)
[Otago Secondary School Athletic Champs 14-15/03/2025](#)
[Otago Children's Championships 22-23/03/2025](#)
[South Island Secondary Schools Champs 4-6/04/2025](#)

Ruie Hyslop at the 2025 School Sport Australia Cross Country (updated).

Congratulations to Ruie Hyslop, who is representing NZ, for the 2025 School Sport Australia Cross Country at Runaway Bay, Gold Coast, Queensland.

Ruie placed a remarkable 8th open in the 18-19 year boy's category, completing the 8km course in an impressive 27:46!

Ruie also made up part of the NZ team, which placed 2nd in the 18-19 year category!

The NZ 18-19 year boys' team (Redd Scampion, Felix Field, Connor Kemp, Ruie Hyslop, & Caleb Wagener) went on to win the relay event in 43:16!

These are fantastic outcomes- great effort, Ruie!

For updates, follow the [NZSSAA page here](#).

[Livestream](#). [Day 1 Results](#). [Relay Results](#). [More info](#).

Photo credit: [Neville Britton](#) via [NZSSAA](#)



OPSSA Cross Country Event.

The Otago Primary Schools Sports Association's (OPSSA) Otago Cross Country was held last Friday at Kaikorai Valley College.

A big well done to our junior members who took part!

We will provide an overview of the event once the results have been posted.

[Event website](#). Photo credit: [John McGlashan College](#)





News:

HCU Children's Updates:

Part 1: The track season is almost upon us but to round off the winter season, we have the Otago Road Championships coming up on **September 27th** (middle Saturday of the school holidays).

It would be awesome to get a huge turnout of HCU kids on the day!

U10 & U12 - 2km

U14- 3km

U16 - 4km

(plus an U8 fun run to kick things off at 1.30 pm)

Entries close on Friday 26th September at 6.00 pm.

[More info and entries here.](#) [Event page.](#)

Part 2: Info for 12-14 year old athletes.

This season we have a few weekends where our Grade 12-14 athletes will compete with the Senior athletes in the afternoon. They also have the option of competing with the Seniors on a Saturday afternoon as well as Children's in the morning (max 4 events per day) which can be split across the day eg: 2 events in the morning, 2 in the afternoon.

This is a great opportunity to run alongside and watch some of Otago's finest athletes in action! Races are seeded so you run against athletes with the same ability as yourself. With such a broad age range Pb's are the main focus at Senior's rather than placings. You also get the chance to try some events that aren't offered at Children's such as Triple Jump, Hammer Throw, Javelin, Longer Distance running & Pole Vault. Registration is required for these weekly meetings, we are happy to help guide you through it.

There are some awesome events coming up within the Senior Comp and we'd love to see you all out there!

Please check out the [Senior Summer Season Program here.](#)

Plus the [events that are on offer here.](#)





ODT: Twins' lifelong rivalry set to run high in half-marathon.

An awesome ODT article previewing Beno and Sam Shaw ahead of tomorrow's Emerson's Half Marathon.

"When it comes to running, the twins are even closer than they look.

They regularly compete in cross-country events, and earlier this year, Sam won the TK Cowan Handicap Cross Country with Beno coming in just a few seconds behind in second place.

"Over the years, it's very much been one of us wins one year, the other one wins the next year," Beno said.

"It's been very even, so it's always a good battle...

[Beno and Sam] would run [the half-marathon] in their Hill City-University Athletics Club gear.

It would make it even harder for people to tell them apart...

"We could use it to play mental mind games with the other runners.

"If someone passes one of us, and then they come up behind the other one of us, they'll be thinking, 'didn't I just pass you? What's going on here? Am I hallucinating? Maybe I need to stop and drink more water or something'."

[Full article](#) (subscription required). Photo: Stephen Jaquiere via the ODT.



HCU Children's Updates- New Middle Distance Training Squad.

Hi all! We have a Thursday training squad starting up this week for all grade 10-12 athletes who are interested in middle-distance events!

The group will be coached by our current Otago U16 middle distance champ, Eva (with coach mum in attendance). The sessions will be a fun, inclusive way for athletes to build up some speed and speed-endurance for the summer season ahead.



Sessions will run 3:30-4:15 pm, meeting in the grandstands inside the Caledonian grounds.

All welcome- feel free to spread the word... kids from all clubs are welcome, so bring a friend!

Please request to join the FB group: [Dunedin Kids Middle Distance Squad](#)



Dame Yvette Williams Meet- contributions sought.

Athletics Otago are seeking financial contributions toward the Dame Yvette Williams Meet.

This meet honours a legend and aims to empower athletes through being an inclusive, community-driven event.

Athletics Otago asks people to please share the fundraising page with your friends, and to get the post out far and wide.

Athletics Otago are raising funds to ensure every athlete has a memorable experience- covering equipment, volunteer support, and event delivery. Every dollar helps us create a welcoming, high-quality meet that reflects Dame Yvette's legacy of excellence and opportunity.

Whether you're a fan of athletics, a supporter of grassroots sport, or simply inspired by Yvette's story, your contribution makes a real difference.



**DAME YVETTE WILLIAMS
MEMORIAL MEET**
CALEDONIAN GROUND DUNEDIN

Saturday 22nd November 2025

Give a Little
Search Gold for Good

Support the Dame Yvette Williams Meet
honouring a legend and empowering
athletes through an inclusive, community
driven event



[Givealittle Page](#). Athletics Otago [Fundraising Page](#). [Athletics NZ Permit Event Page](#).

Free Period Products at HCU Clubrooms.

We're now providing free period products (tampons and pads) in the HCU Clubrooms.

Research by Sport NZ shows that making period products available in community clubs helps reduce barriers to participation, supports inclusion, and creates a more welcoming environment for everyone.

This is a community-driven initiative by our club.

Products are free to use whenever they are needed. Donations are welcome to help us keep the supply going.

For more info about the benefits of providing free period products in sports clubs, [see here and here](#), or read the [full report here](#).





Skeggs Funding Round Open Now (closing on 20 September).

Applications for the September 2025 Skeggs Foundation funding round are now open!

The Skeggs Foundation provides funding twice a year (in March and September) to support young athletes in Otago and New Zealand.

Applications can be made online and **close on September 20.**

If you've got questions, please contact us or Gabby Mainland (Sport Otago's Grants Coordinator) at gmainland@sportotago.co.nz [More info.](#)



Events:

New Zealand Masters Athletics Upcoming Events:

-[Oceania Throws Pentathlon Challenge](#), 1st September – 15th October 2025

-[OAA Masters Oceania Cup Tonga 2025](#), 29 October – 1 November

-[North Island Masters Track & Field Championships](#), Tauranga Friday 28th – Sunday 30th November 2025

-[South Island Masters Track & Field Championships](#), Nelson Friday 23rd – Sunday 24th January 2026

-[New Zealand Masters Track & Field Championships](#), Inglewood Friday 13th – Sunday 15th MARCH 2026 (Now with more accommodation available)



Otago Masters Athletics AGM- 18th September.

2025 OTAGO MASTERS AGM- THURSDAY **18th of SEPTEMBER** at 7 PM. Meeting Room at the Caledonian Grounds. All are welcome to:

- Chat with fellow Masters athletes
- Discuss the past season and to plan ahead for the upcoming summer season.
- Present long service awards.
- Discuss the OMA Constitution

SUPPER TO FOLLOW THE MEETING. [More info.](#)

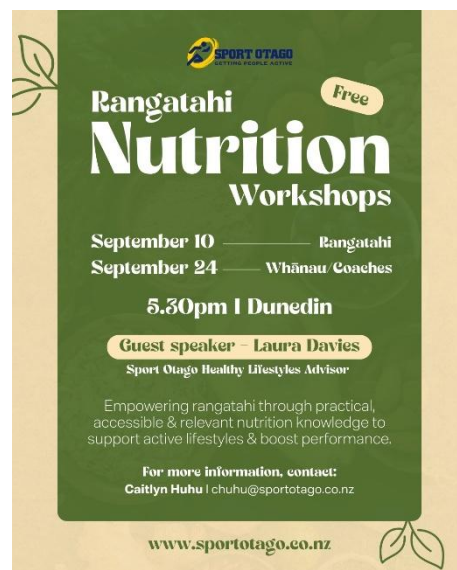


Sport Otago Nutrition Workshops.

Sport Otago are hosting free Nutrition Workshops on **10 and 24 September**. These workshops will offer practical, accessible and relevant nutrition knowledge to support active lifestyles and boost performance!

One of these will be for rangatahi (10 September) and the other for whānau and coaches of rangatahi (24 September)– in Dunedin.

Register here: [Rangatahi Workshop](#) (10 September), [Whānau/Coaches of Rangatahi Workshop](#) (24 September). [More info.](#)



Otago Masters Athletics Have a Go Day- 5 October.

The Otago Masters Athletics Have a Go Day will now be held on **5 October** at the Caledonian.

The change is due to road closures from the Monster Trucks event on the 21st.

Last year's Have a Go days were successful, so there will be another one before the Athletics Opening Day on October 11th. There's: NO cost, NO registration, NO previous Track and Field experience needed.

Come along with a SMILE and plenty of DETERMINATION.

Any questions, please don't hesitate to contact OMA.

[Facebook event.](#) [Otago Masters Athletics website.](#)

OTAGO MASTERS ATHLETICS

No experience needed, just enthusiasm.
Are you 30+? Then come along.

HAVE a GO

Sunday 5th October, 3-5pm
at the Caledonian

- Shot put
- Discus
- Javelin
- Long Jump
- Triple Jump
- 60m
- 100m
- 800m

Due to a nearby event there will be road closures and parking difficulties on the 21st, so the date has changed.



For more info see <https://www.otagomastersathletics.co.nz>

NZ Masters Athletics Special General Meeting- 15 October 2025.

NZMA SGM – Wednesday **15th October** 2025 @ 7:00 p.m.

Their expectation is that ALL amendments to the Constitution will be completed by 2nd October and the final version of the Constitution will be posted on our website (link below).

The purpose of the SGM is to simply approve the Constitution, so that NZMA can complete the re-registration process by uploading the new Constitution onto the Incorporated Societies website. More information and to view the draft constitution can be [found here](#).



Night 'n Day Dunedin Rainbow Run- 19 October 2025.

The Night 'n Day Dunedin Rainbow Run, coming to Logan Park on **19 October** 2025. Save the date and stay tuned to Sport Otago for more info!

Night 'n Day Rainbow Runs are fun events where hundreds of participants run or walk around marked courses and become their own works of art as they pass through five colour checkpoints. Sport Otago encourage participants to wear white or black clothing to really make the colour stand out!

More than just a fun day out, it is a celebration of community, wellbeing, and active lifestyles in Otago. Sport Otago has been running these events across Otago for more than 10 years, and they continue to bring the fun and colour to those involved.

Note: The coloured powder used is a food-grade product, so it washes off clothes and bodies easily, but we suggest wearing older clothes and shoes you don't mind getting a bit colourful!



[Event webpage](#). [Facebook event](#). [ODT Coverage](#) of 2024 event.

NZSS Track & Field and Road Championships 5-8 December 2025.

The 2025 New Zealand Secondary Schools Athletics Association (NZSSAA) Track & Field and Road Championships will take place in Hastings between **5-8 December**.

The first newsletter is now available with lots of important information for the 2025 NZSS Track, Field & Road Race Championship. [Read here](#).

Hawkes Bay is also in need of Officials for NZSS Champs and also for Short Track National Champs- [see more here](#) [and here](#).

Weekly Activity Recap:

HCU Sunday Long Run/Walk.

We host Hill-City University Long Runs each Sunday from the clubrooms at 8:00 am.

There was no Sunday Long run this week due to the Dunedin Marathon events.



Photos can be found on the [Facebook group](#).

HCU Monday Student Nights.

These runs meet at the OUSA Clubs and Socs foyer at 5:55pm for a fifty-minute cruise.

HCU Wednesday Student Runs.

Student runs from the statues by the [Union Bridge](#), [North Dunedin](#)- a relaxed social run at a pace that's comfortable for all.

This week, we had a small group (just before the Dunedin Marathon events). We started with a loop of the uni before going North along the harbour, where we split into two packs. One did a shorter return, whereas the other carried on longer before turning back.

For more info, see our [Facebook group here](#).



Please let us know if you're competing outside Dunedin.

We are keen to support our members and promote and share their successes. However, it is challenging to keep up with events held outside Dunedin. There is no automated system notifying us if our members enter events within NZ or abroad.

Please let us know if you're competing outside Dunedin (particularly in 'notable' events/ meets) so we can look out for you and keep the club updated- thanks.

Hill City-University Athletic Club Committee.

Mark Geddes (President), Tim Dawbin (Vice President), Richard Fogarty (Treasurer), Marion Harris (Track & Field Manager), John Hollows (Co-Children's Manager), Taryn McLean (Co-Children's Manager), Ingrid Roding, Nico Alvarez Rey-Virag, and Matt Bolter.

We are actively searching for volunteers for the Harrier Manager and Secretary roles, which remain vacant following the AGM. Please get in touch if you might be able to help or have further questions or feedback.

Hill City-University Athletic Club is proudly supported by [Shoe Clinic Dunedin](#).